

## **Mental Health Resources**

*Mobile Mental Health Child Crisis Services:* 612.348.2233

*Crisis Text Line:* Text MN to 741741

*Native Youth Crisis Line:* 651.222.5836

*Fairview Emergency:* 612.273.5640

*Walk-in Counseling Center:* 612.870.0656

*National Suicide Prevention Hotline:* 1.800.273.TALK (8255)

*National Domestic Violence Hotline:* 1.800.799.7233

*Rape, Abuse, Incest National Network:* 1.800.656.4673

*Safe Harbor (Support for sexually exploited\* youth):* 612.205.0969 or  
612.227.1335 or 1.866.223.1111 (call or text any of these #s)  
\*exploited=promised ANYTHING (food, shelter, money, drugs for sex)

*Safe Alternatives to Self Injury:* 1.800.366.8288

*National Eating Disorders Association:* 1.800.931.2237

*National Runaway Safeline:* 1.800.786.2929  
Or text SAFE and current location to #69866

*GLBT National Youth Talk:* 1.800.246.7743

Feel free to take a screen shot or save to your contacts.  
You may not need this information now, but someone you know might.