

LOCAL MINNEAPOLIS MENTAL HEALTH SERVICE PROVIDERS 2019-2020

- **Walk-In Counseling Center**
 - Can see youth ages 15 and up without parent consent (for 1-3 sessions)
 - Free services
 - 2421 South Chicago Avenue, Minneapolis 612-870-0565
 - Limited Hours: M, W, F from 1pm-3pm; Monday-Thursday from 6:30pm-8:30pm
- **CLUES**
 - Latinx-specific mental health services
 - 720 East Lake Street, Minneapolis 612-746-3500
 - Walk ins: Tuesday 9am-4pm at Children's Hospital; otherwise call for appointment.
- **Aqui Para Ti**
 - Latinx specific mental health services
 - Offered thru HCMC/Whittier Clinic
 - 2810 Nicollet Avenue, Minneapolis 612-873-8145
- **CUHCC (Community University Health Care Center)**
 - Mental health services, sliding scale, will assist in getting insurance
 - Offered in various languages
 - 2001 Bloomington Avenue, Minneapolis 612-301-3433
- **Tangletown Psychotherapy**
 - For clients with insurance
 - 6 East Diamond Lake Road 612-823-5178
- **Interprofessional Center @ St. Thomas University**
 - Free services
 - Downtown Minneapolis 651-962-4960
- **Lyn-Lake Psychotherapy and Wellness**
 - 612-979-2276
 - www.therapy-mn.com
- **The Family Partnership**
 - Individual therapy, teens, no insurance needed, Spanish speakers
 - Call 612-728-2061 (English); 612-728-2089 (Spanish)
 - Locations in North and South Minneapolis
- **CARE Counseling**
 - Individual therapy, teens, accepts multiple insurance, sliding scale for no insurance
 - 2000 Aldrich Ave South, Minneapolis 612-223-8898
- **Children's Hospital**
 - Individual therapy, teens, accepts multiple insurance, sliding scale for no insurance, will assist in getting insurance
 - 2530 Chicago Avenue South, Minneapolis 612-813-7054
- **Watercourse Counseling**
 - Individual therapy, teens, accepts multiple insurance, sliding scale for no insurance, will assist in getting insurance
 - 3548 Bryant Ave South, Minneapolis 612-822-8227
- **Bridge for Youth**
 - LGBTQ support group up to age 21, housing services for homeless youth 10-17, crisis counseling
 - 1111 West 22nd Street, Minneapolis 612-377-8800
- **Headway Emotional Health**
 - Accepts multiple insurance, sliding scale for no insurance
 - Call 763-746-2411 for intake
 - 6425 Nicollet Ave. South, Richfield 612-861-1675
 - 701 Decatur Ave. N. # 109, Golden Valley 763-746-2400 (ages 16+)

*If you have insurance, call the member number on the back of your insurance card or go online for providers in your insurance network.